

# Sara Judith Chaparro Rucobo

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## EDUCATION

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**M.A.**            **University of Denver**, Denver, CO  
Forensic Psychology  
June 2021

**B.S.**            **University of Texas at El Paso**, El Paso, TX  
Major: Psychology    Minor: Biology  
December 2018

Honors Thesis: Prodromal Psychosis in Juvenile Offenders: Relationship with Substance Use, Previous Trauma, and Suicidal Ideation  
Supervisor: Dr. Jennifer Eno Louden

## CLINICAL EXPERIENCE

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### Savio House

June 2021-Present

#### Bilingual Child First Clinician

Supervisor: Chari Redwine, LPC

**Responsibilities:** Engage families who are referred to the Child First home-based intervention, with the primary focus of strengthening the caregiver-child relationship, so that it serves both as a protective buffer to unavoidable stress and directly facilitates the child's emotional, language, and cognitive growth. Perform evaluations to examine development, trauma history, and current symptoms of both child and caregiver. Use trauma-informed Child-Parent Psychotherapy (CPP), a relationship-based, dyadic, parent-child treatment model, which focuses on the primary attachment relationships of the young child. Use therapeutic interventions that help the caregiver gain insight regarding personal history, feelings of the child, developmental challenges, and current parenting practices. Avert crisis situations by assisting the family in times of urgent need in consultation with clinical supervisor. Engage in weekly reflective individual, team, and group supervision. Attend biweekly CPP consultation and monthly Child First consultation.

**Denver Forensic Institute for Research, Service, and Training (Denver FIRST)**    September 2020- June 2021

#### Competency Educator (Field Placement)

Supervisors: Jordan Wolfsohn, Psy.D., Apryl Alexander, Psy.D.

**Responsibilities:** Provided outpatient competency restoration services for adult defendants and adolescents referred by the courts as incompetent to proceed (ITP). Conducted initial case consultation and assessment sessions with referred clients. Regularly consulted with psychiatrists, forensic evaluators, case managers, attorneys, and court personnel. Provided comprehensive monthly progress notes to the court. Attended weekly supervision meetings and monthly case review team meetings. Performed evaluations to examine cognitive function to adults seeking medical certification for disabilities. Evaluate the client's ability to learn English, U.S. history, and civics. Wrote N648 immigration forms based on clinical interview and previous history, The Rowland Universal Dementia Assessment Scale (RUDAS), and the Montreal Cognitive Assessment (MOCA)-BLIND.

**Mental Health Colorado  
Research and Policy Field Placement**

June 2020- August 2020

Supervisor: Sarah Younggren, LCSW

**Responsibilities:** Research policies and best practices for various projects such as maternal mental health, non-traditional therapy for substance abuse, solitary confinement, and changing an assault on a first responder from a felony to a misdemeanor if an individual is in a mental health crisis, a person with an intellectual or developmental disability, or an individual with a traumatic brain injury. Research responsibilities consisted of gathering information about what other states or countries are doing to change or better these issues. The goal was to inform projects intended to create new policies in Colorado.

**18th Judicial District Probation Department**

October 2019- March 2020

**Probation Officer** (Field Placement)

Supervisor: Kelly Mcgaffick, LPC

**Responsibilities:** Provide supervision to probation clients while monitoring their progress and keep accurate records of meetings. Other responsibilities consisted of write court reports, complaints, and other necessary correspondence, monitor special terms and conditions of probation, assess for level of supervision needed using the Level of Service Inventory (LSI-R) evaluate clients' needs, provide resources to aid rehabilitation, discuss treatment options, arrange treatment programs, and develop community referrals and plan for restitution.

**El Paso County Sheriff's Office**

May 2018-September 2018

**Human Resources**

Supervisor: Ludy Velo

**Responsibilities:** Assisted with data entry and hiring paperwork for Detention Officer and Peace Officer academies. Aided in sending recruitment emails, gathering paperwork, screening candidates for eligibility, make files for each candidate, schedule fitness, medical and psychological tests, and updating candidates through the process. Other responsibilities came depending on the office's needs, from reviewing and revising new policies to proctoring tests for the academy.

**RESEARCH EXPERIENCE**

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**Traumatic Brain Injury Lab**

2019- Present

**Research Assistant**

Graduate School of Professional Psychology, University of Denver

PI: Kimberly Gorgens, PhD, ABPP

**Responsibilities:** Contributed to studies involving concussion biomarkers and the interdimensional factors of homelessness and TBI. Involved in data management, data collection, project organization, and editing/revising poster presentations. Received specialized training to implement the OSU-TBI-ID in various populations.

**Parent-Child Relationships and Well-Being Lab**

2019-2021

**Research Assistant**

School of Social Work, Colorado State University

PI: Samantha Brown, PhD

**Responsibilities:** Assisted with at-home visits, data collection, data entry, and translation. Scheduled and led at-home visits for Spanish speaking families. Data was collected through a series of assessments and questionnaires given to families during home visits. Used the Still-Face Paradigm to observe the interactions and attachment style between mothers and their babies.

## Denver Forensic Institute for Research, Service and Training (Denver FIRST)

2020-2021

### Research Student

Graduate School of Professional Psychology, University of Denver

Supervisor: Apryl Alexander, PsyD

**Responsibilities:** This lab aids students who are interested in conducting independent research projects, assist with faculty research projects, and/or collaborate with fellow students on ongoing research projects. Participated in weekly meetings with students and faculty to design projects and IRB applications, engage in data collection and analysis, and prepare poster and paper presentations. Develop a project entitled *Media Portrayals of Femicides and the Feminist Movement in Mexico*, which was accepted through peer-review to a national conference. Collaborated on an additional project entitled *Psychology and Psychiatry Services in Women's Prison during COVID-19*.

## Mental Health and Criminal Justice Lab

2017-2019

### Research Assistant

Department of Psychology, University of Texas at El Paso

PI: Jennifer Eno Loudon, PhD

**Responsibilities:** Transcribed meetings between probation officers and their clients and coded those meetings for criminogenic needs. Worked with multi-disciplinary teams. Assisted on focus group to create a survey for bilingual study about the perception of mental health among the university's students. Used existing data to write a honors thesis entitled *Prodromal Psychosis in Juvenile Offenders: Relationship with Substance Use, Previous Trauma, and Suicidal Ideation*, which was accepted through peer-review to a national conference.

## PRESENTATIONS

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**Chaparro Rucobo, S.,** Robles, K., Chassman, S., Brisson, D., and Gorgens, K. (2021, July). *The relationship between Traumatic Brain Injury, homelessness, and access to community resources during the pandemic* (Poster presentation). American Psychological Association (APA) annual convention, Online.

**Chaparro Rucobo, S.,** Kanani, H., & Alexander, A. A. (2021, March). *Media portrayals of femicides and the feminist movement in Mexico* (Poster presentation). American Psychology-Law Society (AP-LS) annual conference, Online.

**Chaparro Rucobo, S.,** Binford, H., Chassman, S., Strueby, S., Goodwin, E., Brisson, D., and Gorgens, K. (2021, February). *The relationship between Traumatic Brain Injury and homelessness and pandemic on access to community resources* (Poster presentation). Rehabilitation Psychology Conference. Online.

**Chaparro Rucobo, S.,** Brown, S. (2020). *Co-occurring forms of family violence and relationships to children's externalizing behavior problems*. 2020 International Conference on Shared Parenting, Vancouver, Canada, Online.

**Chaparro Rucobo, S.,** Vaudreuil, E., Eno Loudon, J. (2020, March). *Prodromal psychosis in juvenile offenders: Relationship with substance use, previous trauma, and suicidal ideation* (Poster presentation). American Psychology-Law Society (AP-LS) annual conference, New Orleans, LA.

## PUBLICATIONS

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**Chaparro Rucobo, S.,** & Alexander, A. A. (under review). *Media portrayals of femicides and the feminist movement in Mexico*. *Crime & Delinquency*.

Chassman, S., Bacon, B., **Chaparro Rucobo, S.**, Sasser, G., Calhoun, K., Goodwin, E., Gorgens, K., & Brisson, D. (under review). The impact of COVID-19 on access to resources among individuals experiencing homelessness and traumatic brain injury. *Journal of Social Distress and Homelessness*.

## **CERTIFICATIONS AND TRAININGS**

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2021-Present	Child-Parent Psychotherapy Certification (In-Progress)
October 2021	Circles of Security Facilitator
September 2021	DC: 0-5 Diagnostic Training
2021	Licensed Professional Counselor Candidate (LPCC), State of Colorado
November 2020	<i>Femicide Analysis, Online Seminar.</i> Instituto Lecter y la Academia Mexicana de Investigadores forenses.
2020	Level I Queer and Ally Training
2019-2024	First Aid (CPR)

## **PROFESSIONAL AFFILIATIONS**

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2020-Present	American Psychological Association (APA), Student member
2019-2021	American Psychology-Law Society (AP-LS; APA Division 41), Student member
2017-Present	Psi-Chi National Honor Society
2015-Present	Psi-Beta National Honor Society

## **SERVICE**

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2021	Student Reviewer, AP-LS 2022 Conference, American Psychology-Law Society
Jan. 2018-Dec. 2018	Vice President, Psi-Chi Honor Society, University of Texas at El Paso
May 2017-Dec. 2017	Membership Coordinator, Psi-Chi Honor Society, University of Texas at El Paso